

**MIDTOWN**  
ATHLETIC CLUB

**Basketball Court Schedule**

Effective December 1, 2015

2211 Waukegan Road  
Bannockburn, IL 60015  
Phone: (847)-945-1818

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	North End	South End	North End	South End	North End	South End	North End	South End	North End	South End	North End	South End	North End	South End
5:00 AM	<b>Pick-Up Basketball</b> 5:45-7:45 AM		<b>Open Gym</b> 5:45-8:30 AM		<b>Pick-Up Basketball</b> 5:45-8:45 AM		<b>Open Gym</b> 5 AM- 4 PM		<b>Pick-Up Basketball</b> 5:45-8:45 AM		<b>Pick-Up Basketball</b> 6:45-8:45 AM		<b>Open Gym</b> 5:45 -8:45 AM	
6:00 AM														
7:00 AM														
8:00 AM	<b>Group Exercise</b> 8-9 AM		<b>Small Group Training</b> 8:30-9:15 AM		<b>Group Exercise</b> 9-10:15 AM				<b>Group Exercise</b> 9-10:15 AM		<b>Ultimate Boxing</b> 9-10 AM		<b>Group Exercise</b> 9-10 AM	
9:00 AM	<b>Open Gym</b> 9 AM-7 PM		<b>Open Gym</b> 9:30 AM-1 PM						<b>Open Gym</b> 10:15 AM-5:15 PM		<b>Open Gym</b> 10:15 AM-3:45 PM		<b>Youth Fitness</b> 10 AM-1 PM	
10:00 AM														
11:00 AM														
12:00 PM														
1:00 PM			<b>Pickle Ball</b> 1-2:30 PM		<b>Open Gym</b> 2:30-3:45 PM				<b>Open Gym</b> 5:30-6:45PM		<b>Open Gym</b> 5-7 PM		<b>Open Gym</b> 1-8:45 PM	
2:00 PM			<b>Open Gym</b> 2:30-3:45 PM											
3:00 PM			<b>Game on for Girls</b> 4-5 PM				<b>Youth Fitness</b> 4-5 PM							
4:00 PM			<b>Pickle Ball</b> 7-8:30 PM		<b>Open Gym</b> 5-7 PM		<b>Open Gym</b> 7-9:45 PM		<b>Pick-Up Basketball</b> 7-9 PM		<b>Open Gym</b> 5-9:45 PM		<b>Open Gym</b> 11 AM-8:45 PM	
5:00 PM	<b>Pick-Up Basketball</b> 7-9 PM													
6:00 PM	<b>Open Gym</b> 9-9:45 PM				<b>Open Gym</b> 9-9:45PM									
7:00 PM	<b>Pickle Ball</b> 7-8:30 PM		<b>Open Gym</b> 9-9:45 PM		<b>Open Gym</b> 9-9:45PM		<b>Open Gym</b> 9-9:45PM		<b>Open Gym</b> 1-8:45 PM		<b>Open Gym</b> 11 AM-8:45 PM			
8:00 PM														
9:00 PM	<b>Open Gym</b> 8:30-9:45 PM		<b>Open Gym</b> 9-9:45 PM		<b>Open Gym</b> 9-9:45PM		<b>Open Gym</b> 9-9:45PM		<b>Open Gym</b> 1-8:45 PM		<b>Open Gym</b> 11 AM-8:45 PM			

Schedule subject to change without prior notice. Children under age 10 must be accompanied by a parent.