

# YOUTH AREA CODE



RESTRICTED



PARENT MUST ACCOMPANY



PARENT MUST BE  
ON-SITE



FULL ACCESS

## AGE

0-6

7-11

12-13

14-15

16+

## FITNESS

FITNESS FLOOR 2

COACH REQUIRED

COACH REQUIRED

VARSITY PERMIT 1.0  
REQUIRED

VARSITY PERMIT 2.0  
REQUIRED

FITNESS FLOOR 3  
& OUTFIELD

COACH REQUIRED

COACH REQUIRED

COACH REQUIRED

VARSITY PERMIT 2.0  
REQUIRED

STUDIO CLASSES

YOUTH CLASSES  
ONLY

YOUTH CLASSES  
ONLY

NON-HEATED  
BODYWEIGHT  
CLASSES ONLY\*

NON-HEATED  
BODYWEIGHT  
CLASSES ONLY

EVERYBODY FIGHTS

COACH REQUIRED

COACH REQUIRED

COACH REQUIRED

COACH REQUIRED

\* Non-heated bodyweight classes include:

ZUMBA®, WERQ®, Alignment Yoga, Yoga Roots, Mat Pilates, FYD, BODYCOMBAT™, BODYATTACK™

## LOCKER ROOMS

ADULT LOCKER ROOMS



FAMILY LOCKER ROOMS



YOUTH LOCKER ROOMS



## POOLS

OPEN SWIM  
(NO LIFEGUARD)



OPEN SWIM  
(LIFEGUARD ON DUTY)



YOUTH SWIM  
LESSONS



HOT TUB



## TENNIS

TENNIS COURTS



PLATFORM COURTS



## GOLF

GOLF SIMULATOR



MIDTOWN  
ATHLETIC CLUB