Chromium

breakfast

Yogurt Parfait (V, GF, NF) 8
Fresh berries, house made granola

Warm Oatmeal (VG, GF, DF) 8
Dried fruit, almonds

Breakfast Sandwich (NF) 8
Sausage, egg, American cheese

Super Food Toast (VG, DF). 10
Almond butter, banana, berries, Agave

Multigrain Pancake (V, NF) 11
Cinnamon apples, lemon

Quiche Lorraine (NF) 11
Gruyere, bacon

Avocado Toast (V, NF, DF) 11
Shaved Brussels, sunny egg

Midtown Breakfast (NF) 13
Two eggs, bacon or sausage, potatoes

Omelet (V, GF) 13
Goat cheese, herbs

salad & pizza

Mixed Greens (VG, DF, NF, GF) 10
Champagne vin, radish

Kale Caesar (NF) 11
Parmesan, sourdough croutons

Grain Bowl (VG, NF, DF) 11
Quinoa, cabbage, ginger, squash

Flat Iron Steak Salad (DF) 14
Spinach, pears, candied walnuts

The Serve (V, NF) 12
Fig, goat cheese, caramelized onion

The Volley (NF) 13
Prosciutto, truffle honey, mushroom

The Ace (NF) 14
Mortadella, ricotta, basil

mains

Linguine (V, NF) 14
Pecorino, black pepper

Grilled Swordfish Skewer (NF, DF) 14
Hummus, chermoula

Shrimp Salad (NF) 15
New England roll, bibb lettuce

Grilled Chicken Club (NF, DF) 15
Bacon, dijonaise

Roast Salmon (NF, GF) 15
Cauliflower, brown butter

Midtown Burger 16
Two-year cheddar, Midtown sauce

sides

avocado 3

toast 4

bacon 4

sausage 4

fresh fruit 4

side salad 5

protein add-ons

chicken breast 4

shrimp 5

tofu 5

impossible burger 5

salmon 6

flat iron steak 6

swordfish skewer 6

V-Vegetarian VG- Vegan DF- Dairy Fre   NF-Nut Free GF-Gluten Free

*We take steps to minimize risk and safely handle food that contain potential allergens, please be advised that cross contamination may occur.

**consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illnesses.

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